

# Applicant Information

Interested physicians who have satisfactorily completed the appropriate residency program. All application materials should be submitted through ERAS.

The following must be submitted with the application:

- Updated CV
- Copies of *all* score sheets from USMLE, COMLEX, and/or other examinations
- ECFMG Certificate (if applicable)
- Three letters of recommendation

ACGME #3424134013



**Ryan Nussbaum, DO**

Assistant Professor  
Director, Sports Medicine Fellowship

Dr. Nussbaum focuses on teaching trainees about musculoskeletal management, applications of musculoskeletal ultrasound, sideline coverage, and Exercise is Medicine.

## Sports Medicine Fellowship



**For more information contact:**

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University of  
**Pittsburgh**

Department of Physical  
Medicine & Rehabilitation



Rehabilitation Institute

**OVERVIEW**

Our program is focused on teaching the following core competencies:

- Musculoskeletal Ultrasound: Weekly didactics with a fellowship machine for the fellow to carry. Exposure to advanced ultrasound-guided procedures as well as to diagnostic ultrasound.
- Training Room & Sideline: Weekly collegiate and high school training room coverage, including Division 1 athletics. Sideline coverage experiences of various sports (exposure volume customizable).
- Interventional Spine Procedures: Training in Fluoroscopically-guided procedures (exposure volume customizable).
- Longitudinal Sports Orthopaedic Surgery and Primary Care Sports Medicine didactics
- Cadaveric ultrasound injection workshops throughout the year including practice with percutaneous ultrasonic tenotomy.
- Ultrasound learning opportunities with 18MHz linear transducer

**FELLOWSHIP TRAINING LOCATIONS**

Clinical training is based at the UPMC Lemieux Sports Complex and the UPMC Rooney Sports Complex. The centers are also training locations for the city's professional sports teams, the Pittsburgh Penguins and Steelers, respectively. Other outpatient locations include PM&R outpatient clinics and collegiate and high school athletic programs.

The PM&R operations at the UPMC Lemieux Sports Complex include three exam rooms conveniently located side-by-side with our colleagues in Orthopaedic Surgery providing easy access for collaboration and referrals.

An imaging suite is located within the clinic area for same day testing if needed. Furthermore, UPMC Centers for Rehab Services have a facility on the second floor of the complex, allowing patients to move between a physician office, imaging center, and physical therapy, all under one roof.



The UPMC Rooney Sports Complex is one of the leading sports medicine facilities in the United States. This state-of-the-art facility is on the cutting edge of research and treatment.

Fellows will train in outpatient clinics where PM&R physicians partner with other specialists: including physical therapists and concussion specialists.



**EDUCATIONAL and RESEARCH OPPORTUNITIES**

Fellows will participate in a wide variety of educational opportunities such as educating residents and medical students and presenting at conferences.

Fellows are allotted a half day per week protected time to pursue their research interests. By the end of the training, the fellow is encouraged to submit at least 1 abstract to a national meeting and participate in the writing of a manuscript for a peer-reviewed publication.