

9th Annual Current Concepts in Spinal Cord Injury Rehabilitation

May 18, 2024
UPMC Mercy Pavilion
1622 Locust St. Pittsburgh, PA 15219

Sponsored by:
UPMC Rehabilitation Institute, Center for Spinal Cord Injury
UPMC Center for Continuing Education in the Health Sciences
University of Pittsburgh School of Medicine Department of Physical Medicine & Rehabilitation



Overview

Nearly 18,000 individuals in the U.S. sustain a traumatic spinal cord injury (SCI) each year. Additionally, while non-traumatic SCI can be difficult to track, it is estimated to be roughly the same amount as traumatic injuries per year. The care of persons with SCI requires an interdisciplinary approach across the continuum of care. Providers should be aware of current evidence and care techniques for both traumatic and non-traumatic SCI across the continuum from initial injury, medical complications, many phases of rehab, and community reintegration. The 8th Annual Current Concepts in Spinal Cord Injury Rehabilitation will introduce and review a variety of topics relevant to persons with SCI. Topics will focus on areas important to all team members, throughout the continuum of care. Current Concepts in Spinal Cord Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute. Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care.

Target Audience

Nurses, physical therapists, occupational therapists, case managers, physiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with spinal cord injury are encouraged to attend.

Learning Objectives

1. Be able to identify, assess and implement intervention for various causes and types of shoulder pain.
2. Utilize strategies to enhance mental health and coping/adjustment skills for patients and caregivers post SCI.
3. Recognize and employ updated technology to increase community discharge and independence at home.
4. Demonstrate accurate wheelchair assessment and fitting for all types of chairs.
5. Practice gait training techniques unique to SCI patients.
6. Experiment with setup and design strategies to maximize the ability to functionally use a wheelchair in the home.

Program Schedule

7:30-7:45 am	Sign-in	Dr. Elizabeth Stanley
7:45-8am	Introductions/Agenda	Dr. Amanda Harrington
8-9am	Interdisciplinary Evaluation and Management of Shoulder pain after spinal cord injury	Dr. Amanda Harrington, Dr. Rachel Hibbs, Dr. Elizabeth Stanley
9-10am	The New Era of Technology	Mitch Bell, Randall Huzinec, Stephanie Vasquez-Gabela
10-10:45am	Psychology Pointers for the Non-Psychologist	Dr. Melody Mickens, Dr. Monica Martinez
10:45-11am	Break	
11-12pm	Enhancing the Rehabilitation Experience Through Art	Jeff Bisdee, Jared Quinteros
12-1pm	Lunch	
1-1:45pm	Roundtables	Moderator: Dr. Lynn Worobey
	<ol style="list-style-type: none">1. Spinal Cord Stimulators2. Adaptive Sports and Rec3. Adaptive Clothing4. Available Research Studies in Pittsburgh5. Adolescents to Adults6. Wound Care Products and Strategies	
1:45-2pm	Break	
2-4pm	Hands on Learning Rotating Stations	
	<ol style="list-style-type: none">1. Wheelchair Selection and modification2. ADL apartment – Kitchen accessibility3. Gait Training Tips after SCI4. Adaptive Fitness and Exercise Programming	Dr. Joe Everhart, Dr. Rebecca Russell Juli Harrison, Lynne Huber, Liz Dunn, Lee Tempest Chris Venus Dr. Rachel Hibbs, Dan McCoy
4:10pm	Adjourn	

Faculty Listing

Course Directors

Amanda Harrington, MD	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation, Program Director, SCIM Fellowship, Director of Spinal Cord Injury Services
Rachel Hibbs, DPT, NCS, ATP	Assistant Professor, University of Pittsburgh Department of Rehabilitation Science and Technology, Physical Therapist UPMC Mercy RI and Center for Assistive Technology
Lynn Worobey, PhD	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Elizabeth Stanley, PT, DPT	Clinical Research Physical Therapist, UPMC Department of Physical Medicine and Rehabilitation, UPMC Mercy RI
Samantha Codispot, BSN, CRRN	Clinical Education Specialist, UPMC Mercy Rehabilitation Institute
Lonna Perella, BSN, RN	Spinal Cord Clinician, UPMC Mercy Rehabilitation Institute

Presenters

Randall Huzinec, PT	Physical Therapist, UPMC Department of Physical Medicine and Rehabilitation
Mitch Bell, MS, ATP	Rehab Innovation Specialist, UPMC
Stephanie Vasquez-Gabela, MS	Rehabilitation Engineer, Center for Assistive Technology
Monica Martinez, Psy.D.	Postdoctoral Fellow, University of Pittsburgh
Melody Mickens, PhD, LCP	Clinical Psychologist, Assistant Clinical Professor, University of Pittsburgh
Jeffrey Bisdee, TRS	Recreational Therapist, UPMC Mercy Rehabilitation Institute
Jared Quinteros	Creative Artist, Peer mentor, UPMC
Joseph Everhart, PT, DPT, NCS	Physical Therapist, UPMC Rehabilitation Institute
Rebecca Russell, PT, DPT, ATP	Physical Therapist, Center for Assistive Technology
Juli Harrison, OTD, OTR/L, ATP	Occupational Therapist, Research Therapist, University of Pittsburgh
Lynne Huber, OTD, OTR/L	Occupational Therapist, UPMC Rehabilitation Institute
Elizabeth Dunn, MS, RD, LDN	Research Associate, Peer mentor, University of Pittsburgh
Marshall Tempest	Research Coordinator, Peer Mentor, University of Pittsburgh
Christopher Venus, DPT, NCS	Physical Therapist, UPMC Rehabilitation Institute
Daniel McCoy, MS	ACE Certified, Peer Mentor, Director of Player Development, Mighty Penguins Sled Hockey

CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 6.75 contact hours.

Physical Therapy

As an educational program accredited by CAPTE, the University of Pittsburgh, Department of Physical Therapy is a pre-approved provider of continuing education in Pennsylvania. This course is approved for 6.5 General education units.

Occupational Therapy

As an educational program accredited by CAPTE, the University of Pittsburgh, Department of Occupational Therapy is a pre-approved provider of continuing education in Pennsylvania. This course is approved for 6.5 contact hours.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Instructions to Register

Deadline to register is May 3, 2024.

Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at: cce.upmc.com
- Here is the direct link to register: <https://cce.upmc.com/9th-annual-current-concepts-spinal-cord-injury>
- Click the "Register/Take Course" Button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive the confirmation email immediately, please contact Amy Pietrolaj (pietrolaja@upmc.edu).

Registration Fees

All cancellations must be in writing and sent to Amy Pietrolaj. Tuition for cancellations postmarked or date stamped on/before May 3, 2024 will be refunded in full. No refunds will be made after May 3, 2024.

Fee includes:

Course credits

\$65

Student Tuition: \$25

Student ID must be presented at conference sign in.

The Americans with Disabilities Act Information

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Amy Pietrolaj at 412-232-4072.

