

16th Annual Rehabilitation Institute Research Day

May 27, 2020

7:00am to 1:45pm

William Pitt Union



University of
Pittsburgh

*Co-sponsored by: Department of Physical Medicine & Rehabilitation and
School of Health and Rehabilitation Sciences*



Janna Friedly, MD
Associate Professor, University
of Washington Department of
Rehabilitation Medicine

2020 Brenes Lecture

Dr. Janna Friedly received her M.D. degree at Oregon Health and Sciences University in Portland, Oregon in 2001 and completed her residency training in Physical Medicine and Rehabilitation (PM&R) at the University of Washington in 2005. Following PM&R residency at UW, she completed a three-year NIH funded research fellowship through the Rehabilitation Medicine Scientist Training Program (RMSTP) with a focus on utilization and costs of treatments for low back pain.

She has had a faculty appointment as a clinician scientist in the Department of Rehabilitation Medicine since 2005. She has served in many leadership roles within the UW Medicine System including past president of the medical staff at Harborview Medical Center, medical director of the outpatient rehabilitation medicine clinics at Harborview, co-director of the Comparative Effectiveness, Cost and Outcomes Research Center at UW and currently serves as the Vice Chair for Clinical Affairs in the Department of Rehabilitation Medicine.

Her clinical expertise is in the rehabilitation of people with limb loss and she is the medical director for the limb preservation and amputation service at Harborview Medical Center. Dr. Friedly's research focuses on the comparative effectiveness, cost and outcomes related to treatments for chronic pain (primarily low back pain and pain related to amputation). Dr. Friedly has published a number of studies related to noninvasive treatments for low back pain, including epidemiological studies, reviews and clinical trials related to the use of physical therapy, epidural injections and other noninvasive spine treatments. In addition to her research, she is the Editor-in-Chief of PM&R, the official medical journal of the American Academy of Physical Medicine and Rehabilitation.



Daniel Rhon, D.Sc, DPT
Director, Primary Care
Musculoskeletal Research,
Brooke Army Medical Center

2020 SHRS Lecture - "Getting research to improve clinical practice: 'It takes a village'"

Dr. Dan Rhon is a retired military medical officer from the US Army. He started his military career as an enlisted infantryman and scout sniper in the Marine Corps before transitioning to the Army for graduate school to become a Physical Therapist. He earned a Masters in Physical Therapy and Doctor of Science in Orthopaedics through Baylor University, attended a clinical fellowship at Brooke Army Medical Center, and did a postdoctoral research fellowship at the University of Utah with Dr. Julie Fritz. He deployed to Iraq as the Brigade Physical Therapist for the 4th Brigade Combat Team, 4th Infantry Division in 2005-2006. His time as a military operator and then full-time clinician set the foundation for a critical line of inquiry into how medical care for musculoskeletal disorders can be improved within such a diverse and complex healthcare system. He is now a full-time primary investigator within DoD, funded primarily by the National Institutes of Health and several programs within the Congressionally Directed Medical Research Program. He is the Director of the Primary Care Musculoskeletal Research Program at Brooke Army Medical Center and an ORISE Research Fellow with the Military Performance Lab at the US Army Research Institute of Environmental Medicine (USARIEM).

Abstracts will be accepted in the following categories:

- Resident
- Post-doc
- Pre-doc/Master's
- Medical Students
- Undergraduate

The abstract winner in each category will receive a \$250 prize and will be selected for a 15-minute oral presentation. All other abstracts will be invited to compete as poster presentations for \$50 awards for each trainee category. Case studies will be accepted as posters but will not be considered for awards.

Abstract and Poster submission deadline is **May 1st**.

Abstracts can be submitted [HERE](#).

Deadline to register is *May 17th*. Register [HERE](#).