Partnership Clinics

In addition to our PRM specialty clinics we provide support to clinics run by other departments and organizations.

Brachial Plexus Clinic

This multidisciplinary clinic is run by plastic surgery and evaluates, treats, and monitors children with peripheral nerve injury from birth brachial plexus and other traumatic causes.

Muscular Dystrophy Association Clinic

This clinic is held weekly under the direction of CHP's neuromuscular neurologist. The multidisciplinary team includes PRM, neurology, pulmonology, cardiology, endocrinology, physical therapy, genetic counseling, DME, and an MDA representative.

Chronic Pain Management Clinic

The Division coordinates with pediatric pain services to provide multidisciplinary chronic pain management with a focus on functioning.

Durable Medical Equipment (DME) Clinic

Our physicians participate in a multidisciplinary clinic with physical and occupational therapy and local DME vendors to evaluate and identify the optimal complex medical equipment to best meet the child's functional needs.

Community Outreach Experiences

Developed to help address a clinical need for care in more rural communities. These clinics meet monthly in Johnstown, PA, Easter Seals in Wheeling, WV, and the Western PA School for Blind Children.

Spasticity/Movement Disorders Clinics

Run by pediatric neurosurgery, this clinic focuses on providing comprehensive assessments and management plans for spasticity. Many of the children also attend our CP and general rehab clinics.



Amy Houtrow, MD, PhD, MPH
Professor
Director, PRM Fellowship

For more information contact:

Stacey Snead-Peterson, MS GME Academic Manager UPMC Department of PM&R <u>sneadpetersons@upmc.edu</u> 412-232-8949

Department of Physical Medicine & Rehabilitation

Kaufmann Medical Building Suite 910 3471 Fifth Ave. Pittsburgh, PA 15213

UPMC Children's Hospital of Pittsburgh

4401 Penn Ave. Pittsburgh, PA 15224

rehabmedicine.pitt.edu





Department of Physical Medicine & Rehabilitation



Children's Hospital of Pittsburgh Rehabilitation Institute



Optimizing the health, wellness, and function of children with disabilities.

Our 2 year ACGME accredited clinical and research fellowship offers extensive and expansive learning opportunities to the qualified fellow.

The Division of Pediatric Rehabilitation
Medicine at UPMC Children's hospital of
Pittsburgh is one of the largest in the
country. The division offers comprehensive
pediatric rehabilitation medicine training
which includes acute care inpatient consults,
comprehensive inpatient rehabilitation,
general pediatrics, and subspecialty
pediatrics (medical and surgical).

Our program exposes the fellow to specialty clinics using a team approach toward care and rehabilitation. The PRM physicians lead teams consisting of neurosurgeons, orthopaedic surgeons, physical therapists, occupational and speech therapists, public health nurses, and other specialists according to the clinic and patient needs.

UPMC Children's Hospital of Pittsburgh is ranked #9 on U.S. News and World Report Best Children's Hospital Honor Roll.

Cerebral Palsy-Related Disorders Clinic

This weekly multidisciplinary clinic serves more than 400 infants, children, and youth with cerebral palsy and similar conditions. Services include PRM, orthopaedics, physical, occupational, and speech therapy, social work, orthotists, DME specialists, and nursing care coordination.

Feeding and Swallowing Clinic

This weekly multidisciplinary clinic provides comprehensive assessment, treatment, follow-up care, and ongoing support for infants and children experiencing feeding difficulties. The care team includes PRM, occupational and speech therapy, nutrition, behavioral health, and gastroenterology.

Spina Bifida Clinic

This weekly multidisciplinary clinic provides comprehensive care for several hundred infants, children, and youth with spinda bifida and other spinal cord disorders. This clinic partners directly with the adult clinic to assure a smooth transition to adulthood, and many of these children are part of the spina bifida registry project funded by the CDC. The care team includes PRM, urology, orthopaedics, neurosurgery, physical and occupational therapy, social work, orthotists, DME, and nursing care coordination.

Brain Injury Follow-Up Clinic

This multidisciplinary clinic serves children and youth with a history of acquired moderate to severe brain injury. The team develops comprehensive treatment plans for children after brain injury including physical, occupational, and speech therapy, behavioral health, neuropsychology, social work, and nursing care coordination.

PRM Procedures Clinic

- Botulinum toxin injections for spasticity/dsytonia management and trigger point injections
- Nerve blocks and botulinum toxin injections for pain and headaches
- NCS/EMG for peripheral nerve injury
- Prolotherapy
- Acupuncture to treat a variety of diseases from chronic pain to spasticity

PRM General Rehab Clinic

Members of the Division also run their own continuity clinics. Some attendings have special clinical expertise providing exposure to a broad range of conditions from musculoskeletal complaints to medical complexity to severe disabling conditions.

PRM Fellow Continuity Clinic

Each fellow develops a panel of their own patients to follow longitudinally. The weekly clinic is staffed by different attendings from the Division giving a breadth of exposure to practice styles and developing strong relationships with the patients and families they serve.

PRM Transition Program

We have robust transition services for youth with disabilities, including dedicated services for teens and young adults, making for a seamless transition from pediatric to adult care with the Dept of PM&R.

