



University of Pittsburgh

School of Medicine
Department of Physical Medicine
and Rehabilitation

UPMC
LIFE CHANGING MEDICINE

Dear Alumni:

Happy 2019!

As we welcome the New Year, the UPMC Department of Physical Medicine and Rehabilitation (PM&R) feels blessed that our residency program, fellowship programs, clinical programs, and research department continue to grow and evolve for the better. This status exists as the result of strong leadership from **Gwen Sowa** as our department chair and **Wendy Helkowski** as our residency director.

We hope our Residency Wellness Newsletter and Alumni Updates keep you apprised of our happenings.

In this update, there will be a taste of our department's achievements along with our sense of fun!

Through some events during 2018, we have also discovered our strength. We witnessed the resiliency of the human spirit and the bounty of compassion. In PM&R, we know the importance of social and community support and its impact on our well-being.

One cannot control outside forces. Life will have its ups and downs. There are always going to be changes. However, with family and friends, it is easier to weather any adversities.

We hope you can see us and each other as a cornerstone of your professional and personal foundation and count on us as part of your support system. You have a strong family in Pittsburgh with us.

Hope 2019 will be a great year for everyone!



*Betty Y. Liu, MD
Associate Professor
Director, Alumni Relations
University of Pittsburgh
School of Medicine*

FACULTY UPDATES

New Faculty Members

UPMC Physical Medicine and Rehabilitation is pleased to welcome these new faculty members into the fold! We look forward to their talents and experience! Use this link to learn more about them.



Kevin Franzese, DO



Amy Letteri, PhD



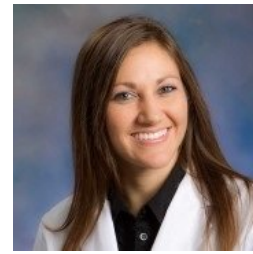
Christy Littaua, MD



Romer Orada, DO



Krestin Radonovich, PhD



Kali Webb, DO

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Faculty Achievements

Congratulations to the following faculty members on their achievements and upcoming endeavors!

Amy Houtrow, MD has been inducted into the prestigious National Academy of Medicine.

Kentaro Onishi, DO will embark on a traveling fellowship in Japan in September 2019 via the American Medical Society for Sports Medicine.

Daniel Lueders, MD has been appointed to the Little League Board of Directors.

EVENTS

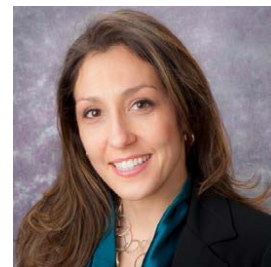
AAP Conference

UPMC Physical Medicine and Rehab looks forward to seeing you at the Annual Association of Academic Physiatrists conference this year!

Physiatry '19
February 19 - 23
Puerto Rico Convention Center
San Juan, Puerto Rico

[Read More](#)

Faculty member Fabrisia Ambrosio, PhD, MPT, is giving a plenary at AAP on Regenerative Rehabilitation.



Fabrisia Ambrosio, PhD, MPT

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SCI Conference

SAVE THE DATE
5th Annual Current Concepts in Spinal Cord
Injury Rehabilitation
Saturday, May 4, 2019
UPMC Mercy Clark Auditorium
7:45 a.m. - 4:15 p.m.



Holiday Party 2018



[View More Photos](#)

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