"Brains and Sprains: The Relationship between Neurocognition, Concussion, and Musculoskeletal Injuries"

Presented by:
Daniel Herman, MD, PhD
Assistant Professor
Department of Orthopaedics and Rehabilitation
University of Florida

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Dr. Herman obtained his MD and PhD (Biomechanical Engineering) from the University of North Carolina at Chapel Hill, after which he completed his residency training in Physical Medicine and Rehabilitation at the University of Virginia and his fellowship training in Primary Care Sports Medicine at the University of Florida. He maintains a clinical practice in musculoskeletal sports medicine and sports concussion, and performs an array of ultrasound-guided procedures. His main research interests are in the association between sports biomechanics and injury risk, as well as the effect of baseline neurocognition and sports concussion on biomechanics and injury risk. Dr. Herman has received several grants for research in this area, and his work has been recognized with numerous awards, including the American Medical Society for Sports Medicine's NCAA Research Award and the American Orthopedic Society for Sports Medicine’s O'Donaghe and Excellence in Research awards.