



7th Annual Current Concepts in Spinal Cord Injury Rehabilitation

October 1, 2022
Virtual – Zoom

Sponsored by:
UPMC Rehabilitation Institute, Center for Spinal Cord Injury
UPMC Center for Continuing Education in the Health Sciences
University of Pittsburgh School of Medicine Department of Physical Medicine & Rehabilitation

Overview

Nearly 18,000 individuals in the U.S. sustain a traumatic spinal cord injury (SCI) each year. Additionally, while non-traumatic SCI can be difficult to track, it is estimated to be roughly the same amount as traumatic injuries per year. The care of persons with SCI requires an interdisciplinary approach across the continuum of care. Providers should be aware of current evidence and care techniques for both traumatic and non-traumatic SCI across the continuum from initial injury, medical complications, many phases of rehab, and community reintegration. The 6th Annual Current Concepts in Spinal Cord Injury Rehabilitation will introduce and review a variety of topics relevant to persons with SCI. Topics will focus on areas important to all team members, throughout the continuum of care. Current Concepts in Spinal Cord Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute. Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care.

Learning Objectives

1. Attendees will describe current evidence-based practice related to management of SCI in an acute care setting.
2. Attendees will identify fall prevention strategies to be used across settings to increase patient safety.
3. Attendees will identify strengths and shortcoming of current clinical prediction rules for mobility outcomes following SCI.
4. Attendees will describe unique care considerations for adolescents and individuals with obesity who have sustained a SCI.

Target Audience

Nurses, physical therapists, occupational therapists, case managers, physiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with spinal cord injury are encouraged to attend.

Faculty Listing

Course Directors

Amanda Harrington, MD

Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation, Program Director, SCIM Fellowship, Director of Spinal Cord Injury Services

Rachel Hibbs, DPT, NCS, ATP

Assistant Professor, University of Pittsburgh Department of Rehabilitation Science and Technology, Physical Therapist UPMC Mercy RI and Center for Assistive Technology

Lynn Worobey, PhD	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Elizabeth Stanley, DPT Samantha Codisport, BSN, CRRN	Physical Therapist, CRS, UPMC Mercy Rehabilitation Institute Clinical Education Specialist, UPMC Mercy
Presenters	
Michael Kryger, MD	Assistant Professor, Penn State University College of Medicine, Department of Physical Medicine and Rehabilitation, SCI Medicine Program Director
Kali Webb, DO	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Kerry DeLuca	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Danielle Migdal, DPT, PT	CRS, UPMC Mercy
Karen Nigra, BSN, CRRN	Sr. Clinician, UPMC Presbyterian Neuro Trauma ICU
Laura Rice, PhD, MPT, ATP	Associate Professor, University of Illinois, Department of Kinesiology and Community Health, Associate Director, Center on Health, Aging, and Disability
Martha Somers, DPT	Staff Physical Therapist, UPMC RI
Joe Everhart, PT, DPT, NCS	CRS, UPMC Mercy
Lauren Kremm, DO	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Alyssa Zuziak, DO	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Julie Gallagher, DPT	CRS, UPMC St. Margaret
Katelyn Kelly, MOT, OTR/L	Senior Occupational Therapist, UPMC CHP
Britny Nemeth-Ross, MOT, OTR/L	Occupational Therapist, UPMC CHP
Melody Mickens, PhD	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Jessica Berry, MD	Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Kory Lester, MOT, OTR/L	CRS, UPMC Mercy
Laura Connor, MOT, OTR/L	CRS, UPMC Mercy

Program Schedule

7:45—8 am	Sign-in Reminders	Amanda Harrington
8-9am	History of SCI	Michael Kryger
9:05-10:05am	Management of SCI in Acute Care	Kerry DeLuca Kali Webb Danielle Migdal Karen Nigra
10:10-10:20am	Break	
10:25-11:25am	Fall Prevention for Individuals with SCI and MS	Laura Rice
11:30am-12:30pm	Clinical Prediction Rule for Ambulation after SCI	Lynn Worobey Rachel Hibbs

Martha Somers
Joe Everhart

12:30-1pm	Lunch Break	
1:05-2:05pm	Adolescent SCI	Lauren Kremm Alyssa Zuziak Julie Gallagher Katelyn Kelly Britny Nemeth-Ross
2:10-3:10pm	Caregiver Panel	Melody Mickens Elizabeth Stanley, moderator
3:15-3:25pm	Break	
3:30-4:30pm	Care for Obese Patients	Jessica Berry Samantha Codisport Kory Lester Laura Connor
4:35pm	Adjourn	

Instructions to Register

Deadline to register is September 27, 2022

Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at: cce.upmc.com
- Here is the direct link to register:
- Click the "Register/Take Course? Button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive the confirmation email immediately, please contact Jessa Darwin (jcd79@pitt.edu).

Registration Fees

All cancellations must be in writing and sent to Jessa Darwin. Tuition for cancellations postmarked or date stamped on/before September 30, 2022 will be refunded in full. No refunds will be made after September 30, 2022.

Fee includes:
Course credits

\$25

Student Tuition: Free
Student ID must be presented at conference sign in.

CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of **XXX AMA PRA Category**

1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **XXX contact hours**.

Social Work

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive **XXX continuing education credits**.

Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The University of Pittsburgh Department of Occupational Therapy is a pre-approved provider of continuing education in Pennsylvania. This course is approved for **XXX Contact Hours**.

The University of Pittsburgh Department of Physical Therapy is a pre-approved provider of Continuing Education in Pennsylvania. This course is approved for **XXX units of General Access CEUs**.

The Americans with Disabilities Act Information

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Amy Pietrolaj at 412-232-4072.

Faculty Disclosure

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing healthcare goods or services used on or consumed by patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.