

14th Annual Current Concepts in Traumatic Brain Injury Rehabilitation

Saturday, November 4th, 2023

UPMC Mercy Pavilion 1622 Locust St. Pittsburgh, PA 15219

Sponsored by:

University of Pittsburgh School of Medicine, Department of Physical Medicine & Rehabilitation

UPMC Rehabilitation Network

UPMC Rehabilitation Institute

UPMC Center for Continuing Education in the Health Sciences

Overview

According to the National Institute for Injury Prevention and Control, approximately 1.4 million people sustain a brain injury every year. It is estimated that nearly 2% (5.3 million) of the United States population needs assistance and/or lifelong care due to TBI. According to the National Institutes of Health, there are more than 795,000 strokes each year in the US, and strokes cause more serious long-term disabilities than any other disease.

Learning Objectives

Current Concepts in Brain Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute. Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care. Following the conference, attendees will be able to:

- 1. Identify basic endocrine disorders that commonly result from brain injury.
- 2. Provide basic education with patients, families, and caregivers in regard to sexuality and intimacy issues post-brain injury.
- 3. Identify pituitary disorders, their deficits, and how they impact endocrinology.

Target Audience

Nurses, physical therapists, occupational therapists, speech-language pathologists, case managers, social workers, physiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with brain injury are encouraged to attend.

Program Schedule

| 7:45am | Sign In | |
|---------------|---------------------------------------|----------------------------------|
| 8am | Welcome and Open Remarks | Gary Galang and Allyson Yukevich |
| 8:15-9:15am | Concussion and Female Sexuality | Martina Anto-Ocrah |
| 9:15-10:15am | Brain Injury Related Endocrinopathies | Hussain Mahmud |
| 10:15-10:30am | Break | |
| 10:30-11:15am | Neuro-Endocrine | Amy Wagner |
| 11:15am-12pm | Clinical presentations and functional | Nicholas Race |

11:15am-12pm Clinical presentations and functional sequelae of post-TBI neuroendocrine

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12-1pm Lunch

| 1-2:30pm | Sexuality and Intimacy after Brain Injury: Changing Attitudes and Changing Practice | Kathryn Farris and Marisa King |
|-------------|---|----------------------------------|
| 2:30-2:45pm | Break | |
| 2:45-3:45pm | Pituitary Dysfunction and Neuroendocrine Disorders | Hugo Linn and Lena Priori |
| 3:45-4:30pm | Adjustment to Sexuality and Intimacy Post-TBI | Jerrold Yeo |
| 4:30-4:45pm | Remarks and Adjourn | Gary Galang and Allyson Yukevich |

Faculty Listing

| Course Directors | |
|----------------------------|--|
| Allyson Yukevich, MOT, | Occupational Therapy Senior, UPMC Mercy Brain Injury |
| OTR/L, CBIS, cPAMs | Rehabilitation Unit |
| Gary Galang, MD | Assistant Professor, Department of Physical Medicine & |
| , - | Rehabilitation, University of Pittsburgh and UPMC |
| Course Committee | |
| Samantha Codispot, BSN, | Clinical Education Specialist, UPMC |
| CRRN | |
| Laura Merriman, RN, LSW, | Manager, Clinical Care Coordination and Discharge Planning, |
| ACM | UPMC |
| Kathryn Postreich, PA-C | Clinical Assistant Professor, Department of Physical Medicine & |
| • | Rehabilitation, University of Pittsburgh and UPMC |
| Presenters | |
| Kathryn Farris, MOT, OTR/L | Clinical Education Coordinator, Shepherd Center |
| Marisa King, DPT, PT | Director of Rehabilitation – Inpatient Therapy Kessler Institute for |
| - | Rehabilitation |
| Martina Anto-Ocrah, PhD, | Assistant Professor, Department of Medicine, Division of General |
| MPH, MTASCP | Internal Medicine, University of Pittsburgh |
| Hussain Mahmud, MD | Assistant Professor, Department of Medicine, Division of |
| | Endocrinology and Metabolism, University of Pittsburgh and |
| | UPMC |
| Hugo Linn, MD | Physician, Bahl & Bahl Medical Associates |
| Lena Priori | |
| Amy Wagner, MD | Professor, Department of Physical Medicine & Rehabilitation, |
| | University of Pittsburgh and UPMC |
| Nicholas Race, MD, PhD | Brain Injury Fellow, Department of Physical Medicine & |
| | Rehabilitation, UPMC |
| Jerrold Yeo, PsyD | Assistant Professor, Department of Physical Medicine & |

CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the American Academy of Physician Assistants, and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Rehabilitation, University of Pittsburgh and UPMC

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.75 AMA PRA Category 1

Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **6.75 contact hours**.

Physician Assistants (CME) AAPA 6.75 Category 1 CME credits

This program is offered for **6.75** *CE hours of social work continuing education* through cosponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education accredited school and therefore a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LMFT, and LPC biennial license renewal. For information on social work continuing education call **(412) 346-8044**.

Other healthcare professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.



University of Pittsburgh

Intermediate Level 6.75 ASHA CEUs

ASHA participants must attend the entire event in order to receive credit.

The University of Pittsburgh Department of Occupational Therapy is a pre-approved provide of continuing education in Pennsylvania. This course is approved for **6.75** *Contact Hours*.

The University of Pittsburgh Department of Physical Therapy is a pre-approve provider of Continuing Education in Pennsylvania. This course is approved for **6.75 units of General Access CEUs**.

This course has been approved by the Maryland State Board of Physical Therapy Examiners for **6.75 CEUs (6.75 contact hours).**

UPMC Children's Hospital of Pittsburgh Neuropsychology Division is approved by the American Psychological Association to sponsor continuing education for psychologists. This course is approved for **6.75 CE credits**.

Instructions to Register

This event will be offered in person and virtually. Deadline to register is **October 31, 2023**. Virtual attendees must contact Jessa Darwin (<u>icd79@pitt.edu</u>) to receive the virtual information. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at: cce.upmc.com
- Here is the direct link to register: https://cce.upmc.com/14th-traumatic-brain-injury-rehabilitation
- Click the "Register/Take Course" Button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon

receipt of a confirmation email. If you do not receive the confirmation email immediately, please contact Jessa Darwin (<u>icd79@pitt.edu</u>).

Registration Fees

All cancellations must be in writing and sent to Jessa Darwin (icd79@pitt.edu). Tuition for cancellations postmarked or date stamped on/before October 20, 2023 will be refunded in full. No refunds will be made after October 20, 2023.

Fee includes: Course credits, validated parking, and meals

\$65

Residents: Free
Student Tuition: \$25
Student ID must be presented at conference sign in.

The Americans with Disabilities Act Information

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Amy Pietrolaj at 412-232-4072.

The University of Pittsburgh is an affirmative action, equal opportunity institution.