Overview
Nearly 18,000 individuals in the U.S. sustain a traumatic spinal cord injury (SCI) each year. Additionally, while non-traumatic SCI can be difficult to track, it is estimated to be roughly the same amount as traumatic injuries per year. The care of persons with SCI requires an interdisciplinary approach across the continuum of care. Providers should be aware of current evidence and care techniques for both traumatic and non-traumatic SCI across the continuum from initial injury, medical complications, many phases of rehab, and community reintegration. The 6th Annual Current Concepts in Spinal Cord Injury Rehabilitation will introduce and review a variety of topics relevant to persons with SCI. Topics will focus on areas important to all team members, throughout the continuum of care. Current Concepts in Spinal Cord Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute. Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care.

Learning Objectives
1. Attendees will describe current evidence-based practice trends related to specialty populations and specific comorbidities of SCI that are outside of the typical SCI rehabilitation
2. Attendees will identify resources for individuals with SCI to obtain and utilize assistive technology for everyday activities, community reintegration, and rehabilitation activities.
3. Participants will define the role of various disciplines in care and rehabilitation of the individual with SCI who has acquired a pressure injury.
4. Participants will describe the role of various team members in coping and mental health for the patient with SCI as well as the prevention of self and team burnout.

Target Audience
Nurses, physical therapists, occupational therapists, case managers, physiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with spinal cord injury are encouraged to attend.

Faculty Listing
Course Directors
Amanda Harrington, MD
Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation, Program Director, SCIM Fellowship, Director of Spinal Cord Injury Services
Rachel Hibbs, DPT, ATP
Research Therapist, University of Pittsburgh Department of Physical Medicine and Rehabilitation, Physical Therapist UPMC Mercy Rehabilitation Institute
Lynn Worobey, PhD  Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Elizabeth Stanley, DPT  Physical Therapist, CRS, UPMC Mercy Rehabilitation Institute
Lonna Perella, RN, BSN  Spinal Cord Injury Clinician, UPMC Rehabilitation Institute

**Presenters**

Jessica Berry, MD  Attending Physician, SCI Program, UPMC Department of Physical Medicine and Rehabilitation
John Coltellaro, MS  University of Pittsburgh Department of Rehabilitation Science and Technology, Center for Assistive Technology
Amy Duplessis, MOT, OTR/L  Occupational Therapist, CRS, UPMC Mercy Rehabilitation Institute
Joseph Everhart, DPT, NCS  Physical Therapist, CRS, UPMC Mercy Rehabilitation Institute
John Horton, MD  Assistant Professor, UPMC Department of Physical Medicine and Rehabilitation
Randall Huzinec, PT  Physical Therapist, CRS, UPMC Mercy Rehabilitation Institute
Danielle Karhut, MOT, OTR/L  Occupational Therapist, CRS, UPMC Mercy Rehabilitation Institute
Anna Lewis, MSW  Social Worker, Palliative Care, UPMC Mercy
Melissa Michaluk, DO  Attending Physician, UPMC Susquehanna Physical Medicine and Rehabilitation
Joseph Straatman, OTD, ATP  University of Pittsburgh Department of Rehabilitation Science and Technology, Center for Assistive Technology
Charlene Subrick, PT  Physical Therapist, CRS, UPMC Mercy Rehabilitation Institute
Matthew Taylor  Membership Director, Transitional Paths to Independent Living
Andrew Thurston, MD  Clinical Assistant Professor, Division of Internal Medicine, Medical Director of Palliative Care, UPMC Mercy
Denise Verosky, MSN, RN  Director of Supportive and Palliative Care, UPMC Mercy
Dawn Wang, MD, MS  Assistant Professor, Plastic Surgery, Chief of Plastic Surgery
UPMC St. Margaret's Hospital, Co-Director, Center for Nerve Disorders at UPMC
Mallory Wolfendale, MOT, OTR/L  Occupational Therapist, CRS, UPMC Mercy Rehabilitation Institute
Barbara Zerbee, COTA  Occupational Therapy Assistant, CRS, UPMC Mercy Rehabilitation Institute
Amy Skukalek, MA  UPMC, Psychotherapist Program Manager
Brian Higdon, MD  UPMC SCI Fellow

**Program Schedule**

7:45—8 am  Amanda Harrington
8—9 am  Self-Care: The antidote to burnout and compassion to fatigue  Amy Skukalek
10:40—11:40 am  Patient Panel: Assistive Technology Use to Increase Independence in Everyday Life  Moderators: Randy Huzinec  John Coltallero

11:45 am—12:30 pm  Break
12:30—1:30pm  Roundtable Sessions
1. Pain—John Horton
2. Autonomic Dysreflexia and Hypotension: Finding the Delicate Balance—Brian Higdon
3. Community Resources for Individuals with SCI—Matthew Taylor
4. IADL Tips and Tricks with Upper Extremity Impairment: Make Up, Nail Polish, and More—Barbara Zerbee and Danielle Karhut
5. Wheelchair Cushions: What are the options and how to get them covered—Joe Straatman
6. Gone Fishing: An Adaptive Recreation Program—Charlene Subrick

1:35—2:35 pm  Interdisciplinary Management of SCI Resulting from Metastatic Disease
Andrew Thurston
Denise Verosky
Amanda Harrington
Joe Everhart
Anna Lewis

2:40—2:55 pm  Break

3—4:30 pm  Breakout Sessions
1. Wheelchair Skills Training: An introduction to clinical implementation—Rachel Hibbs and Lynn Worobey
2. Bowel and Bladder Management: Equipment, patient and caregiver education, and troubleshooting—Mallory Wolfendale, Amy Katz, and Lonna Perella
3. Review of the ISNCSCI Exam (Formerly Known as ASIA) — Melissa Michaluk

4:30  Adjourn

Instructions to Register
Deadline to register is April 21, 2021
Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at: cce.upmc.com
- Here is the direct link to register: https://cce.upmc.com/6th-annual-sci-rehabilitation
- Click the “Register/Take Course?” Button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive the confirmation email immediately, please contact Jessa Darwin (jcd79@pitt.edu).

Registration Fees
All cancellations must be in writing and sent to Jessa Darwin. Tuition for cancellations postmarked or date stamped on/before April 21, 2021 will be refunded in full. No refunds will be made after April 21, 2021.

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Student Tuition: Free
Student ID must be presented at conference sign in.

CME Accreditation and Designation Statement
In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician (CME)**
The University of Pittsburgh designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing (CNE)**
The maximum number of hours awarded for this Continuing Nursing Education activity is **7.25 contact hours**.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The University of Pittsburgh Department of Occupational Therapy is a pre-approved provider of continuing education in Pennsylvania. This course is approved for **7.0 Contact Hours**.

The University of Pittsburgh Department of Physical Therapy is a pre-approve provider of Continuing Education in Pennsylvania. This course is approved for **XXX units of General Access CEUs**.

**The Americans with Disabilities Act Information**
Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Amy Pietrolaj at 412-232-4072.

**Faculty Disclosure**
*All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing healthcare goods or services used on or consumed by patients.*

*The University of Pittsburgh is an affirmative action, equal opportunity institution.*