INTRODUCING NEW ALUMNI  PM&R RESIDENT AND FELLOWS
CLASS OF 2013

The 2013 graduation on June 15, was celebrated with families, friends and faculty at the Green Oaks Country Club in Verona, PA.

Graduating Residents
l to r: Kim Leishear DO, Joy Perkey MD, Trasey Falcone DO, Kyle Klitsch DO, Kristen Schuerle DO, Tim Burg DO, Matt Maxwell MD, and Ed Garay MD,

Graduating Fellows

Spinal Cord Injury Medicine Fellow
Marilyn Ramos-Lamboy, MD
Fellowship Director, Amanda Harrington,

Residency Director, Wendy Helkowski, MD
Musculoskeletal Sports & Spine Fellow
Samantha Kanarek, DO

Kelly Crawford, MD
Brain Injury Medicine Fellow

Kirk Lercher, MD
Brain Injury Medicine Fellow

Jesse Sally, DO
Musculoskeletal Sports & Spine Fellow
PM&R faculty presented Matthew Maxwell, MD, MS with the 2013 Excellence in Residency Award for his distinguished work in patient care, teaching, and professionalism. This award is given annually to an outstanding graduating resident.

Matt also received the Excellence in Mentorship award which is given by fellow residents to a graduating resident who has shown leadership and dedication in teaching and mentoring other residents.

Matt Maxwell, MD, MS has accepted the Sports Medicine Fellowship at Allegheny General Hospital in Pittsburgh. He is a 2009 graduate of Rosalind Franklin University of Medicine and Science where he received both his doctorate in medicine and a Masters of Science in Applied Physiology.

Prakash Jayabalan, MD, PhD was named the 2013 Rising Star. This award goes to the PGY2 resident who best demonstrates teamwork with fellow residents, students and staff. The resident must also display advanced knowledge beyond the PGY2 training level and provide superior clinical care.

Prakash Jayabalan, MD, PhD received a Doctorate in Medicine from King's College of London in 2004 and a PhD in Pathobiology from the University of Missouri in 2011

Other awards:

Residents
Excellence in Brain Injury Medicine: James Crownover, MD (PGY3)
Excellence in Musculoskeletal Medicine: Justine Berthold, DO(PGY3)
Excellence in Spinal Cord Injury Medicine: Jessica Berry, MD (PGY3)

Faculty
Amanda Harrington, MD, assistant professor, was voted Teacher of Year by PMR residents.
DEPARTING FELLOWS AND THEIR DESTINATIONS

Kelly Crawford, MD  
Director, TBI Rehabilitation Program  
Asst. Director, PMR Residency Program  
University of Cincinnati  
Cincinnati, OH

Samantha Kanarek, DO  
Reconstructive Orthopaedics  
New Jersey

Kirk Lercher, MD  
Brain Injury Rehabilitation Medicine  
Mount Sinai Hospital  
New York, NY

Jesse Sally, DO  
Sports and Spine  
Medical Rehabilitation, Inc  
Washington, PA

Marlyn Ramos Lamboy, MD  
Director, Inpatient Rehabilitation  
Berkshire Medical Center  
Pittsfield, MA

DEPARTING RESIDENTS  
AND THEIR DESTINATIONS

*seated left to right:*

Edward Garay, MD, PhD  
Pain Medicine Fellowship  
UPMC

Timothy Burg, DO  
Medical Rehabilitation, Inc  
Pittsburgh, PA

Kyle Klitsch, DO  
private practice  
Allentown, PA

Matthew Maxwell, MD  
Sports Medicine Fellowship  
Allegheny General Hospital  
Pittsburgh, PA

*standing left to right:*

Trasey Falcone, DO  
Owensboro Medical  
Health System  
Owensboro, Kentucky

Joy Perkey, MD  
Brain Injury  
Medicine Fellowship  
UPMC

Kristen Schuerle, DO  
Kimberlee Leishear, DO
PGY-1

Tracy Knippel, MD
Medical College of Wisconsin

Victoria Treadway, MD
David Geffen School of Medicine at UCLA

Rong Chen, DO
University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine

Melissa Roscher, MD
University of Arkansas College of Medicine

PGY-2

*front row, l to r:* Shanti Pinto, MD, Mary Matsumoto, MD

*middle row:* Michael Kryger, MD, Brady Wahlberg, DO, Shaun Darrah, MD, Corey Hickey, DO

*back row:* Gerald Nora, MD, Herbie Yung, MD, David Itskevich, DO
New Fellows

Christine Cleveland, MD
Spinal cord Injury Medicine Fellow

Christopher Lunsford, MD
Pediatric Rehabilitation Medicine Fellow

B. Joy Perkey, MD
Brain Injury Medicine Fellow

Brandon Snead, MD
Musculoskeletal Sports and Spine Fellow

2013 Pittsburgh PM&R Alumni Reunion
at the
AAPMR Annual Meeting
National Harbor, MD
Gaylord National Hotel-Convention Center
Chesapeake Room 4

October 5, 2013
7:00 - 9:30pm

If you are planning to attend please email RSVP by September 15, 2013
to Mary Synnott at synnottm@upmc.edu
Alumni Spotlight on Maryanne Henderson, DO

interviewed by Betty Liu, MD

The parking lot of The Children's Institute in Squirrel Hill was teeming with activities during school dismissal. Excited kids were either being led or wheeled to, vans or buses, or a parent’s car. Amid the chaos and chatter Maryanne welcomed me and led the way to her office.

Maryanne Henderson has been the Chief Medical Officer of the Children's Institute since 2007 and defines her role as 50% physician and 50% administrator. She feels that continuing patient care makes her an effective liaison between the healthcare professionals and the administration.

The programs at the Children's Institute include inpatient pediatric rehabilitation units, the only national inpatient Prader-Willi Syndrome Program, and a day school program for outpatients. Her patients are predominantly adolescents with Brain Injury.

Dr. Henderson is a graduate of the St. Francis Physical Medicine and Rehabilitation program in 1995. Her rehab career originally began as a recreational therapist. She returned to school for a medical degree when she felt the limitations of her contributions to her patients as a therapist. Prior to taking the position of Chief Medical Officer she was in private practice.

Below are some excerpts from our conversation:

**BL:** What skill sets did you have to learn in your new role?

**MH:** I had to learn to be more fiscally responsible and how to address Human Resource issues. I have to educate other physicians to balance financial consequences without giving up optimal patient care. In my present role, I realized that I have to be the bad guy sometimes and cannot please everyone. Because of my dual responsibilities, I realized time management is important.

**BL:** What influenced your decision to go from adult patient care to pediatric patients?

**MH:** It was the challenge of learning the new skill set. I find working with kids rewarding because they have very different outcomes compared to adults.

**BL:** What do you do for stress relief?

**MH:** I play golf and exercise.

**BL:** What is one thing that most people don’t know about you?

**MH:** I race Go-Carts a couple of times a year. I enjoy watching the Grand Prix motor races. I find the speed exciting.

**BL:** What advice do you give residents?

**MH:** Everyone should keep an open mind about any and all rehab skills. Be willing to do and learn anything because it opens up more possibilities for you and your patient care options. Don’t be afraid to admit ignorance but be sure to then do the research and correct that lack of knowledge and learn from it. You don’t have to be a genius to be a good doctor. You just have to keep patient care your number one priority. There is no monetary value for caring.
Association of Academic Physiatrists Annual Meeting New Orleans March 2013

Mike Boninger, MD, our chair and 2013 AAP President

Betty Liu, MD with Mary Beth Miller Phillips, MD ('15)

STACEY PHOTOBOMB!

Angie Garcia, MD ('11) and Prakash Jayabalan, MD, PhD ('15)

Brad Kurowski, MD ('08) with Amy Houtrow, MD, MPH, PhD Assoc Professor

Amy Houtrow, MD, MPH, PhD 2013 AAP Young Academician

Gwen Sowa, MD, PhD, Associate Professor DeLIsa Lecture

Tuylasi Gude, MD, MD ('15) and Lisa Huynh, MD ('14)

Anna Gaines, MD ('12) and Matt Maxwell, MD ('13)

Prakash Jayabalan, MD, PhD ('15) Electrode Store Best Paper by a Resident
Dr. Gil Brenes was a physician and gentle man of great skill and kindness. His passion and priority were his patients whom he served tirelessly and with grace. He will be missed by his colleagues, residents, patients and all that came into contact with him. Although he was always soft spoken and quiet, his legacy will reverberate in many individuals for years to come. To keep Dr. Brenes in our memory and hearts, the University of Pittsburgh, Department of Physical Medicine & Rehabilitation has established the “Brenes Lecture.”

The endowed lectureship will be awarded annually at the Rehabilitation Institute Research Day in recognition of a physician’s contribution to clinical research in the field of rehabilitation medicine. As a faculty member in the Department of Physical Medicine & Rehabilitation at the University of Pittsburgh, Dr. Brenes never failed to attend this event that brought students and faculty together to advance learning and research in the rehabilitation sciences.

Dr. Brenes led the UPMC Mercy Department of Physical Medicine and was involved in clinical studies and research to advance the care and treatment of people with spinal cord injuries and disease. He served as lead physician for the WHEEL division athletes at the Pittsburgh Marathon and was a board member of the HOPE Network, a non-profit organization that promotes community integration of individuals through recreational programs.

To contribute to the “Brenes Lecture” fund send checks made out to “The University of Pittsburgh Department of PM&R Brenes Fund.”
Checks should be sent to:

The University of Pittsburgh Department of PM&R Brenes Fund
Medical and Health Sciences Foundation
3600 Forbes Ave. at Meyran Suite 8084
Pittsburgh, PA 15213
Attn: Samuel McCrimmon

For more information about Dr. Gilbert Brenes see