1st Annual
Current Concepts
in Spinal Cord
Injury
Rehabilitation

April 25, 2015
UPMC Mercy
Sr. Ferdinand Clark Auditorium • 2nd Floor

Sponsored by:
UPMC Rehabilitation Institute Center for Spinal Cord Injury
University of Pittsburgh School of Medicine,
Department of Physical Medicine & Rehabilitation
Center for Continuing Education in the Health Sciences
Overview and Objectives

The care of persons with traumatic spinal cord injury (SCI) requires an interdisciplinary approach across the continuum of care. Based on the level and extent of injury, a team approach is required to maximize expected functional outcomes while overcoming physiological barriers to recovery. Collaborative nursing care is required in acute care, during inpatient rehabilitation, and once the patient has returned home. Similarly, spinal cord injury rehabilitation must occur via acute care therapy, inpatient rehabilitation, home health, and outpatient therapy. In order to successfully reintegrate individuals with SCI to the community it is important to utilize as many resources as possible.

The 1st Annual Current Concepts in Spinal Cord Injury Rehabilitation will focus on basics of spinal cord injury management. Topics will focus on areas important to all team members throughout the rehabilitation continuum.

Current Concepts in Spinal Cord Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute.

Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care.

Who Should Attend

Nurses, physical therapists, occupational therapists, case managers, physiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with spinal cord injury are encouraged to attend.

Advance notice of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance by calling Lauren Lamar at (412) 648-6666.

Continuing Education Credit

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.6 continuing education units (CEU's) which are equal to 6.2 contact hours.

Pennsylvania State Board of Physical Therapy approval is pending.

This course is Pre-approved for 6.0 contact hours by the State Board of Occupational Therapy Education and Licensure.
Course Co-Directors

Patricia Arenth, PhD
Assistant Professor, Department of Physical Medicine and Rehabilitation
Director, Division of Neuropsychology & Rehabilitation Psychology
Associate Director of Resident Research

Amanda L. Harrington, MD
Assistant Professor of Physical Medicine and Rehabilitation
University of Pittsburgh School of Medicine
Program Director, SCIM Fellowship
Director of Spinal Cord Injury Services
UPMC Rehabilitation Institute

Elizabeth Stanley, DPT
Centers for Rehab Services
UPMC Rehabilitation Institute — Spinal Cord Injury

Faculty

Richard Barbara, PhD, MSEd
Assistant Professor, Department of Physical Medicine and Rehabilitation

Rebecca Barnes, RN
UPMC Rehabilitation Institute

Jessica Berry, MD
Spinal Cord Injury Medicine Fellow
UPMC Department of Physical Medicine and Rehabilitation

Christine Cleveland, MD
Assistant Professor of Physical Medicine and Rehabilitation
University of Pittsburgh School of Medicine

Nancy Czolba, RN
UPMC Rehabilitation Institute

Karen Greenwald, RN, BSN, CCRC
Clinical Research Coordinator
UPMC Rehabilitation Institute

John Horton III, MD
Assistant Professor of Physical Medicine and Rehabilitation
University of Pittsburgh School of Medicine
Associate Director of Spinal Cord Injury Services
UPMC Rehabilitation Institute

Randall Huzinec, PT
Centers for Rehab Services

Adam S. Kanter, MD
Chief, Division of Spine Surgery
Associate Professor of Neurological Surgery
Director, Minimally Invasive Spine Program
Director, Neurosurgical Spine Fellowship Program

Lonna M. Perella, RN, BSN
UPMC Rehabilitation Institute

Seth Pierson, MS, OTR/L
Centers for Rehab Services

Barbara Zerbee, COTA/L
Centers for Rehab Services

Faculty are located in the Pittsburgh, Pa., metropolitan area unless noted otherwise.

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

Schedule — Saturday, April 25, 2015

7:00 am Registration
Continental Breakfast

7:45 am Conference Opening
Amanda Harrington, MD

8:00 am Surgical Management of Traumatic Spinal Cord Injury
Adam Kanter, MD

9:00 am Rehabilitation Restrictions after SCI Surgical Stabilization
John Horton III, MD

9:15 am Cervical Orthotics
Jessica Berry, MD

9:30 am Thoracolumbar Orthotics
Christine Cleveland, MD

9:45 am Q&A

10:00 am Break

10:15 am Epidemiology and Outcomes after Traumatic Spinal Cord Injury
Amanda Harrington, MD

11:15 am Team Approach to Adjustment after Spinal Cord Injury
Patricia Arenth, PhD; Richard Barbara, PhD, MSEd

12:15 pm Lunch

1:00 pm BREAK-OUT SESSION (choose either A or B when registering)

A. Basics of SCI Therapy
Randall Huzinec, PT; Seth Pierson, MS, OTR/L; Barbara Zerbee, COTA/L

B. Basics of SCI Nursing
Lonna Perella, RN, BSN; Nancy Czolba, RN; Rebecca Barnes, RN

2:30 pm SCI Resources and Research
Elizabeth Stanley, DPT; Karen Greenwald, RN, BSN, CCRC

3:00 pm Conference Adjournment

Schedule subject to change.
Tuition includes:

- Continuing Education Unit/Credits
- Continental Breakfast and Lunch (we regret there is no kosher meal choice)
- Parking

Handouts will be available after April 20 and can be downloaded from UPMCPhysicianResources.com/SCIConf or www.rehabmedicine.pitt.edu. All cancellations must be in writing and sent to us via U.S. mail, email, or fax (see contact information below). Tuition for cancellations postmarked or date stamped before April 20, 2015 will be refunded in full. No refunds will be made after April 20, 2015.

Location
UPMC Mercy
Sr. Ferdinand Clark Auditorium
2nd Floor
Pittsburgh, PA 15219

For Further Information, Contact:
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