Recreation, Vocation and Peer Support after Spinal Cord Injury: Phoenix Rising

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Preparation for Peer Support

- Psychologically prepared.
- Patient consent.

Spinal Cord Injury and Disease Peer Support at UPMC Rehabilitation Institute

Peer Counselors

Bi-weekly Meetings

Facebook

SCIPeerGroupUPMC mercy
Other Resources for Adapted Recreational Equipment

![AbleGamers](logo.png)

![Dynamic Paddle](logo.png)

![Rivers Rowing](logo.png)

![Christopher & Dana Reeve Foundation](logo.png)

![United Spinal Association](logo.png)

![Craig H. Neilsen Foundation](logo.png)

Physical modifications to the recreation equipment
Vocational Rehabilitation Counseling (OVR)

- **OVR’s Mission**
  - To help people with disabilities to gain or maintain employment
- **Core services**
  - Career counseling and job placement
  - Funding for services to facilitate employment
  - Evaluations to identify interests and abilities

References


Jones M, Gassaway J., Peer-supported self-management to facilitate community re-entry after discharge from spinal cord injury rehabilitation: Engaging peers as change agents and research partners *Annals of Physical and Rehabilitation Medicine 59S (2016) e127-e130*

References


